



# CLASSY MOVES

**Equipment:** None required

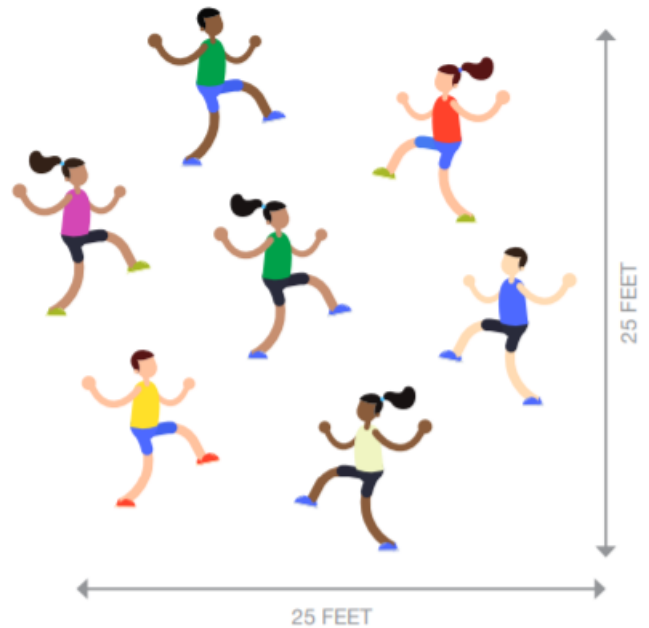
**Time:** 10 minutes +

**Number of Players:** Any

**Ages:** KS1 & KS2

**Where:** Classroom, Hall, Play-ground, Field

**Set Up:** Children form a circle, standing 2 metres apart.



## How To:

1. Select a dance leader to stand in the middle of the circle.
2. The dance leader dances in the middle for 20 seconds.
3. Everyone must copy the dance leader's classy moves.
4. Continue until each child gets the opportunity to be the dance leader.

**Top Tip:** Demonstrate different types of dances before the game starts.

## Adapt:

- Try having 2 dance leaders.
- Try with players dancing using only their hands.
- Try replacing dance moves with fitness moves.
- Try forming a whole dance routine: The leader starts the dance with one move and everyone in the circle adds another to make up a full routine.

